

The Campus Bulletin

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO MARCH, 1972 Volume 5, Number 2

CHANCELLOR LEE STEPS DOWN, WILL TEACH

University of California President Charles J. Hitch announced on February 14 the resignation of Philip R. Lee, M.D., as Chancellor of the UCSF campus, effective when a successor is appointed.

Dr. Lee will continue as a member of our faculty in the School of Medicine.

"It is with the deepest regret," said President Hitch, "that I accept Phil Lee's resignation. He is one of the distinguished leaders in the health field in the United States, and, as Chancellor, he has enhanced the outstanding reputation of the San Francisco campus in training, research and public service. I will always be grateful for his service and his loyalty to the University, and look forward to a continuing relationship."

A new procedure for appointment of Chancellors, approved by the Regents at their January meeting, will be put into effect, Hitch said. An advisory committee will be formed, consisting of five Regents appointed by Chairman of the Board William French Smith, and five faculty members to be appointed by President Hitch, who will also ask the academic Senate of the UCSF campus to nominate faculty members.

Dr. Lee became UCSF's third Chancellor on March 1, 1969. He had previously served as assistant secretary for health and scientific affairs in the Department of Health, Education and Welfare.

Dr. Lee went to Washington in 1963 to become director of health services at the Office of Technical Cooperation for the U.S. Agency for International Development (AID). He was named deputy assistant secretary of HEW in 1965 and assistant secretary later that year. In 1968, following re-organization of the department initiated by John W. Gardner, he was placed in charge of all HEW's health matters, including the Public Health Service and the Food and Drug Administration.



Chancellor Lee: A return to the classroom.

He served as a member of the department of medicine in the Palo Alto Medical Clinic from 1956 to 1963, and during that period was also a member of the clinical faculty at Stanford University School of Medicine.

Dr. Lee recently was named a Trustee of the Carnegie Corporation of New York.

In 1968 he received the Hilleboe Prize in Public Health in recognition of outstanding contributions to the nation's health. In 1969 he received a special citation from HEW secretary Wilbur J. Cohen, recognizing his outstanding creativity and skillful leadership in developing for the nation a sound and far-reaching Federal health program. In 1965 he received the honor award from AID

(Continued on page two)



Dr. Lee, Dr. Krevans

DR. LEE STEPS DOWN . . .

(Continued from page one)

for developing new policies and programs in the fields of health, population and nutrition.

On the UCSF campus, Dr. Lee has been particularly recognized for his role in minority recruitment of students as well as faculty and staff.

Last year Dr. Lee established the Annual Chancellor's Award for Public Service to be awarded each year to three deserving individuals on this campus who have aligned themselves with the needs of their community. These are persons who, outside of their campus jobs, have worked within the community toward achieving goals in areas which include health, problems of drug abuse, education, problems of integration and busing, and neighborhood planning and improvement. (The Second Annual Awards will be presented to three such outstanding persons at ceremonies next month.)

Dr. Lee has authored more than fifty articles in medical journals including "Creative Federalism and Health Programs for the Poor," "Medical Care in the Next Decade: Role of Group Practice," "Medicine and Government—Problems, Progress and Prognosis," "Health Manpower—The Critical Need," and "Has the World Grown Too Small?"

Dr. Lee is a native of San Francisco. He received his B.A. and M.D. degrees from Stanford and an M.S. degree in medicine from the University of Minnesota. His father, Russel V. Lee, M.D., is the founder and director of the Palo Alto Medical Clinic.

Dr. Lee, in making his decision, stated that he has been unable to devote more time to his main interests—teaching, patient care, research and writing—because of the pressures of his administrative role. "To be Chancellor," he said, "one must devote one hundred percent of his time to that job. I would like to address myself to the areas of direct patient care, to teach and work directly with medical students, and to develop better systems of health care delivery. It is difficult to do all of these things well and also be a Chancellor."

Dr. Lee will continue to serve as Chancellor until a successor has been chosen, after which he will remain in his present faculty position in the School of Medicine as Professor of Social Medicine and Ambulatory and Community Medicine.

COUSTEAU SPEAKER AT CHARTER DAY

The celebration of the 104th Charter Anniversary of the University of California will be combined with the Inauguration of Albert H. Bowker as Chancellor of the UC Berkeley campus.

The all-University event will be held on Thursday, April 6. On that morning a hospitality center will be located in the Alumni House where representatives from visiting campuses and other guests will find information and refreshment.

At noon, representatives, delegates, and guests of President Hitch and Chancellor Bowker will be entertained at an inauguration luncheon in Pauley Ballroom of the Student Union.

Four previous Chancellors will be special guests of honor of the Berkeley campus: Clark Kerr, Glenn Seaborg, Edward Strong and Roger Heyns.

At 2:00, representatives and delegates will assemble at the Campanile and march with the academic procession to the Hearst Greek Theatre where the formalities will get underway at 2:30 p.m.

The principal speaker will be Captain Jacques-Yves Cousteau, world famous ecologist, oceanographer and explorer of marine frontiers.

In the evening, the California Alumni Association will stage its annual Charter Day Banquet at the Sheraton-Palace Hotel in San Francisco. Tickets may be obtained from the Alumni House in Berkeley (the banquet is the only event which will require a ticket).

"The Berkeley campus is proud to be host to the University," said Garff B. Wilson, Chairman of the Committee on Public Ceremonies, "and we look forward to greeting you on this occasion."

For further information on Charter Day, contact Mrs. Elliott or Mrs. Mc Laughlin on the Berkeley campus, by dialing 8, then 2-3687.

DR. GRODSKY TO GIVE ST. LOUIS LECTURES



Dr. Gerold M. Grodsky

Gerold M. Grodsky, Ph.D., has been invited to St. Louis to be the first Michael Somogyi Lecturer, a newly created national lectureship.

Dr. Grodsky, Professor of Biochemistry and Senior Research Biochemist for the Metabolic Unit, UCSF, is an international expert in the field of diabetes and a leader in the studies of insulin secretion and related problems of diabetes and obesity.

Dr. Grodsky is also Chairman of the UCSF Committee for Faculty-Community Involvement, a group of faculty and students who volunteer to speak before community organizations.

The new lectureship is named for Dr. Michael Somogyi, who made outstanding contributions to the understanding of diabetes over a 45-year career in the Department of Pathology at the Jewish Hospital of St. Louis.

Dr. Grodsky will present the special lectures at both Jewish Hospital and Washington University in St. Louis later this month.

NURSE SCHOOL DEDICATES

The date for the School of Nursing Formal Dedication has been set for Friday, May 12. Further information will appear in the May issue of The Campus Bulletin.

PROGRAM UNIQUE IN THE WEST

MENTAL HEALTH SERVICES FOR THE DEAF HERE PROMOTE ADAPTATION

By Joan Spiegelhalter

Deafness and Mental Health: A Developmental Approach will soon be published by the University of California Press. Already, requests for it are pouring in from all over the world.

The book represents a valuable compendium of knowledge for use by health professionals and rehabilitative agencies engaged in helping the deaf. It is the culmination of a four-year project in studying the emotional problems of deaf persons, particularly children, at UCSF, under the auspices of Langley Porter Neuropsychiatric Institute. The program is supported by the San Francisco Foundation, the Rosenberg Foundation, and Federal grants.

The authors of the book and leaders of the rapidly expanding program called Mental Health Services for the Deaf are Hilde S. Schlesinger, M.D., and Kathryn P. Meadow, Ph.D. Dr. Schlesinger, a child psychiatrist, is the project director, and Dr. Meadow, a sociologist, heads the research studies.

This program, unique in the West (only three other such centers exist in America—in New York, Illinois and the District of Columbia), focuses on psychological adaptation to deafness.

To be set apart, lonely, frustrated, and rejected is the all-too-common lot of the deaf, but it should not and need not be, Dr. Schlesinger explains. Thus emphasis is on (1) early diagnosis and *preventive* treatment to offset the stresses and frustrations of hearing deprivation and (2) long-range planning to help the deaf individual take his place in life as a fully autonomous individual.

"He's not only deaf, he's mentally retarded," said the anxious foster parents of tiny Lee, age three, a child who had already suffered severe neglect in his infancy.

"No, Lee is not retarded, only deaf," Lee's therapists were able to tell the parents. And after one year of monthly visits to the center Lee proved to be of at least average, if not superior intelligence.

Nancy, age five, had only moderate hearing loss, but her emotional problems were so severe she could not benefit from use of a hearing aid or speech therapy. Yet, after one year of psychotherapy she was able to attend regular school classes.

Ralph, a profoundly deaf teenager, reacted to his frustrations by lying, stealing and sexual acting-out and was dismissed from school. However, intensive weekly therapy and collaboration with other rehabilitative agencies enabled him to complete job training successfully.

The project on the UCSF campus, begun as a pilot program, has now expanded to become a focal center for psychotherapeutic treatment, research, referral and consultation with other health professionals, and the training of psychiatrists and social workers in this field.

In addition to the 215 patients seen over a period of four years, 201 collateral clients were also helped. Most were parents, since a condition of therapy is that all patients 18 and under are seen in therapy with their parents. Sometimes siblings and other relatives are also included. Dr. Meadow remarked that 91 of these collateral patients were given psychiatric diagnoses.

"No wonder the deaf have a higher percentage of problems of living than is found in the population as a whole!" Dr. Schlesinger says. When a child is deaf from birth (rubella is a common cause), the crucial emotional closeness between parent and child so necessary for mental health may become inhibited because of the communication barrier. That is why parents must be included in the therapy. Any and all means of communication are encouraged: sign language, finger-spelling, writing, speech and lipreading. Striking improvement follows when communicative skills increase between therapist and and patient, and patient and parents.

Research findings reveal that deaf children of deaf parents are more emotionally mature and rate higher on written language and communicative confidence than deaf children with hearing parents.

"This is understandable," says Dr. Meadow, "because deaf parents are more accepting of their child's disability, have more empathy, and are already familiar with the methods of communicating with the deaf."

FACULTY WIVES MIND THE STORE

All UCSF faculty wives, post-doctoral Fellows' and visiting professors' wives are invited to participate in the UCSF Faculty Wives Association activities during their stay in San Francisco. If you are interested, please telephone one of the following members:

Mrs. Robert (Joyce) Featherstone, 342-6933; Mrs. Hugo (Beth) Martinez, 647-0140; or Mrs. Jere (Patricia) Goyan, 388-4730.

The Faculty Wives held a Silent Auction at the San Francisco Medical Society's building last month, prior to their luncheon meeting, to raise money for the UCSF Student Loan Fund. Members and guests bid on items donated by the faculty wives and $200 was raised.

The Foreign Scholars' Loan Store is sponsored by the Faculty Wives and is located in the Millberry Union garage on the roof parking level. Its purpose is to have available household goods to lend to foreign or visiting scholars and their families while they are working at the San Francisco campus. The service helps avoid considerable expense for the basic things one needs to set up housekeeping—things which one would not ordinarily bring for a short stay. In appreciation, many of the scholars have returned other items they've collected during their stay as well as the items borrowed from the store.

Volunteers are needed to man the store. If you can devote one hour per month (that's all), please call Mrs. John (Maryjane) Wellington, 332-0648.

AERIAL ON SALE

Copies of a black-and-white aerial photograph of the UCSF campus, taken recently, are available to campus offices and individuals. The photographs are 11 by 14 inches and are mounted on gray board (16 by 20) suitable for framing.

Copies may be purchased for $8.00 through departmental budgets or by private individuals at $8.40 (includes sales tax).

These photographs may be seen at the Publications Office, 1308 Third Avenue, San Francisco.

GOLFERS . . . !

Fill the gap—Peacock, that is—May 5

Invitations coming!

REHAB CLINIC BUILDS THE ROAD BACK FOR CANCER VICTIMS



Staffers (l-r) T. Curtis, D. Ordway, R. Mostovoy, M. Healy, M. McClatchey, N. Kaufman.

By Barbara Evans

Few things are more important to a patient's recovery than the hope of returning to a normal life. At UCSF, a special program in the School of Dentistry provides a hopeful outlook where it is especially needed: among those who are being treated for cancer of the head and neck.

The Maxillofacial Rehabilitation Clinic (MRC) was established in 1968 as the West Coast Regional Maxillofacial Center by the Federal Social and Rehabilitation Service. This year the clinic will expand and improve its small but active program under a new grant from the California Division of the American Cancer Society.

The project director is Dr. Sol Silverman, Jr., Professor and Chairman of the Division of Oral Biology; clinical work is carried out by the clinic's director Dr. Thomas A. Curtis, co-director Dr. Robert Cantor, and coordinator Dr. Robert J. Mostovoy.

Dr. Silverman explains that each year, in California alone, 2000 new cases of oral cancer are diagnosed. Also treated are patients with problems arising from congenital defects or injuries. Research in this field has been going on at UCSF for about ten years. This grant is one in a long series, received from many sources, for research on cancer of the head and neck regions.

Says Dr. Silverman, "We are concerned with the early detection of cancer and have extended the role of the dentist in detecting early cancers. In the course of our work, we also discovered the importance of rehabilitation to our patients —not only the physical repairs, but also guidance toward psychological and social adjustment."

The MRC sees that patients who have been treated for oral and facial cancer receive *comprehensive* rehabilitation. Even after successful surgical or radiological treatments for controlling the tumor, many patients still have problems to overcome. Some must learn to speak or swallow again; others must be fitted with facial appliances where surgery has caused disfigurement.

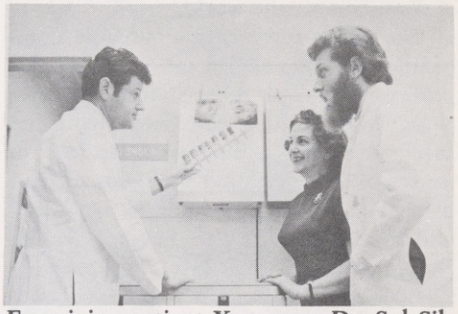
Handling these problems constitutes a large part of the clinic's work, but the staff has found that there is a need to go a step further. As one patient put it, "The hardest part is trying to learn how to live a full life again."

Dr. Cantor points out, "Following treatment for cancer, many of our patients are deeply depressed, often feeling that they are unable to face friends and family again, that they will be unable to hold a job, and that they will be objects of pity and curious stares. Even with the most skillful restoration of a person's face it is hard for him to return to his normal way of life without feeling conspicuous and insecure. During clinic visits and treatment, most patients are hesitant to express their feelings of insecurity. We felt we had to try a new approach to these problems in order to include 'quality of life' in our rehabilitation efforts."

Two years ago the clinic began a group therapy program under the direction of Mrs. Doris Ordway, a clinical social worker at UCSF. She drew together a group of ten patients who had had surgery of the mandible, tongue, and floor of the mouth, and met with them every month. They dealt with problems such as eating, talking, diet, adjustment, and depression.

Two other topics discussed in the group were drinking and smoking; among oral cancer patients, many have histories of heavy use of alcohol and tobacco. After treatment they are strongly advised to give up these habits; this change causes additional stress.

"The results of the group approach," says Mrs. Ordway, "make it clear that the patients benefited from contact with others having similar problems. Gradually they seemed to feel a sense of community. They began to plan their own programs for our meetings and helped each other out with transportation. Most importantly, they lost much of their feeling of social isolation and gained more confidence about moving back into society."



Examining patient X-rays are Dr. Sol Silverman, Jr., Mrs. Jean Johnson and Dr. Robert Cantor.

By observing Mrs. Ordway's group, the staff of the clinic realized how much this kind of program was needed. The American Cancer Society was so impressed by the proposal to expand the program that the final grant was larger than originally requested. The clinic now has the services of two additional prosthodontists, Dr. Robert Mostovoy and Dr. Nathan Kaufman, and of a half-time social worker, Mrs. Marty McClatchey, who works with Mrs. Ordway.

The addition of Mrs. McClatchey to the staff will make possible a limited home care program. The social worker will, with one of the new prosthodontists, provide care to patients who cannot come to the clinic, as well as assist the patient's family to handle the problems of cancer patients.

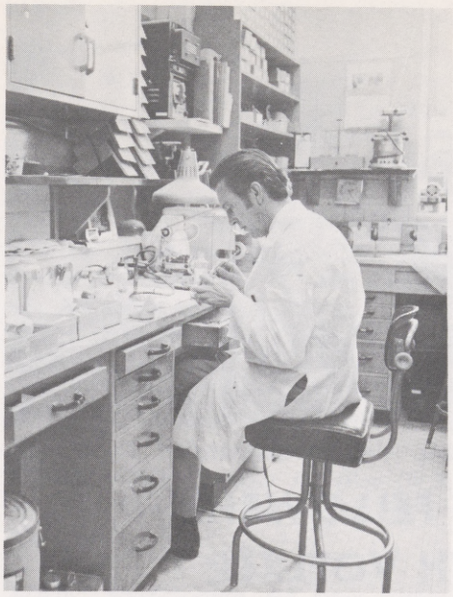
To help the clinic staff improve its ability to work with rehabilitation patients, Dr. Cantor is trying to determine why some patients are more capable of acceptance and adjustment than others. The extent of the surgical defect and the degree of dysfunction do not seem to correlate with the patient's ability to adjust. Under a grant from the Social and Rehabilitation Service (HEW), he is looking at what factors do influence this adjustment.

In the management of oral cancer patients, Dr. Curtis stresses the importance of comprehensive care from the start. "From diagnosis, to treatment, to rehabilitation, the surgeons, dentists, prosthodontists, and social workers work as

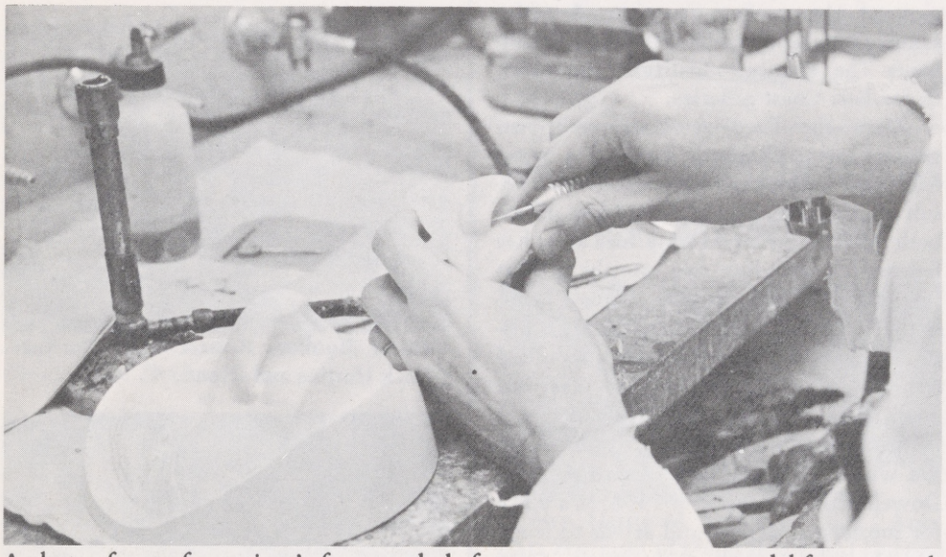
a team in treating each person. From the time a patient is first told he has cancer, the social worker is there and continues to meet with him, either individually or in the group setting, until his readjustment is satisfactory."

How do the patients themselves feel about the MRC's program? In a letter to the clinic, one patient expressed his confidence in its efforts:

While undergoing treatment and rehabilitation, I have been able to observe many other patients with more serious and difficult problems than my own. Each was treated as an individual case, as I was. I can only applaud the efforts, understanding and conscientiousness of all the professionals involved in offering this service. It is most beneficial to continue and expand services to maxillofacial patients, not only for their benefit but for the benefit of the families and communities involved.



John Ridley, Laboratory Technician, expertly makes facial appliances for patients.



A plaster form of a patient's face, made before surgery, serves as a model for a natural-looking facial appliance.



Mrs. Doris Ordway, Clinical Social Worker, counsels patients.

IT'S LEGAL, BUT . . .

DRUG PERIL BY PRESCRIPTION?

By Joan Spiegelhalter

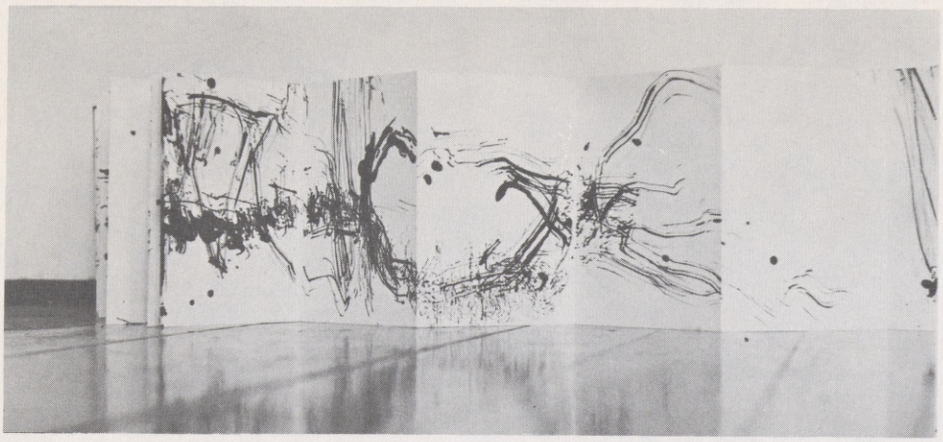
Awareness of a serious national health hazard has found voice in a recent book called *Mystification and Drug Misuse* (Jossey-Bass, San Francisco, and in paperback, Harper & Row, New York). Its senior authors are Henry L. Lennard, Professor of Medical Sociology, and Leon J. Epstein, Professor of Psychiatry, both of the Department of Psychiatry at UCSF. Dr. Epstein is also associate Medical Director of the Langley Porter Neuropsychiatric Institute.

This important book stresses the extent to which our society is drug-ridden by *legally prescribed* mind-altering drugs. Small wonder that youth experiments with marijuana, LSD and other hallucinogens! These users of illicit drugs seek what 60 percent of patients visiting their physicians seek—help for the human problems of loneliness, anxiety, alienation, etc. Mass-media advertising promises the public there is a pill to rectify every uncomfortable or painful condition and that drugs can effect instant and significant changes in one's life. Example: as advertised in *TV Guide*, the taking of Vivarin promises to make a boring woman exciting to her husband.

What is shocking is that this misrepresentation of drug treatment is too often engaged in by the very professions whose business it is to heal—the medical profession and the pharmaceutical industry. Example: a full-page color ad appeared in a national medical journal portraying a young college girl and recommending the tranquillizer Librium to help her ward off the anxiety she may encounter in starting school; thus a normal, exciting new experience is re-labelled as a medical-psychiatric problem necessitating the student's physician giving her a psychoactive drug. A vicious circle is set in motion: the pharmaceutical house buys expensive ads in medical journals to sell its products, the medical journals accept the ads to help defray their publication costs, and physicians are influenced to prescribe psychoactive drugs to patients taught by the mass media to believe there is a drug for every ill or discomfort.

The authors produce striking figures of increasing consumption of psychoactive drugs since the early 1950s. Last year doctors wrote 225 million prescriptions for these agents and 70 percent of them

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Section of opened sketchbook, "Yosemite Suite II."

A SECOND ART FELLOWSHIP FOR ELIZABETH VOELKER

Two years ago in *The Campus Bulletin* we announced that library employee and artist Elizabeth Voelker had won a painting fellowship to the MacDowell Art Colony in Peterboro, New Hampshire.

She spent several winter months painting, and returned with marvelous stories of her experiences there. She resumed her job at UCSF, from which she had taken a leave, and continued her artwork.

Elizabeth has received a second fellowship and will be leaving this month for New England to join the ranks of such celebrities as composers Leonard Bernstein, Aaron Copeland; writers May Sarton, Jane McClary, Peter Viereck; and others.

Professionals in the arts come from all over the United States to work at MacDowell; and although the fee for living at the colony is nominal for those who are accepted, the MacDowell Foundation provides fellowships for those who cannot afford the fee.

MacDowell is a wooded area of several hundred acres with individual cottage-studios, where the artists live and work undisturbed. There is a main building with a library, dining room and sitting room (where the residents breakfast and dine together), but lunch is brought in picnic baskets to the cottages so as not to interrupt concentration of the artists' work. Most cottages are at least a mile from the main house. You can imagine what it's like to tromp through heavy snow with all those picnic baskets.

Evenings are spent socially, in conversation. A few artists have open house at their cottages toward the end of their stay, and writers often hold readings of their works as they progress.

Well-known in local and national art circles, Elizabeth Voelker's paintings have been exhibited at the Palace of the Legion of Honor, San Francisco Art Museum, Gump's, as well as Millberry Union here; The Carnegie Institute and other major East Coast galleries.

When she lived at MacDowell two winters ago, Elizabeth became a good friend of authoress May Sarton. As a result of their continued friendship, Elizabeth will stay in New Hampshire after her fellowship, spending two months at Miss Sarton's home, a pre-revolutionary farmhouse, while Miss Sarton travels. This historical landmark has been photographed extensively by national magazines and more recently by *The New York Times.*

MacDowell Art Colony was founded by the widow of composer Edward A. MacDowell after his death in 1908, as a place for musicians, writers and artists to come and be alone with their work. Only recognized professionals are accepted. Thornton Wilder wrote *Our Town* at MacDowell. Leonard Bernstein and Aaron Copeland both finished major works there; and some of the best writings of Willa Cather, James Baldwin and Marya Mannes were completed at the colony.

One of Elizabeth Voelker's major art pieces, begun at the art colony and completed in Yosemite, is a book of oriental rice-paper and ink sketches, entitled *Yosemite Suite II.* The book's pages, accordian pleated, become one continuous scene when fully opened. She has now been commissioned to do five more sketch books.

Once again, in the calm serenity of New Hampshire, Miss Voelker will concentrate on her first love, *art*, and renew friendships with artists she met two years ago...and she goes with our good wishes and great envy.

OPEN HOUSE

Several hundred well-wishers came to help warm Student Services' new Modular Building last month.

Champagne punch and party food flowed during the afternoon as students, faculty and other guests gave compliments to the Dean of Students' staff on their new, airy offices.



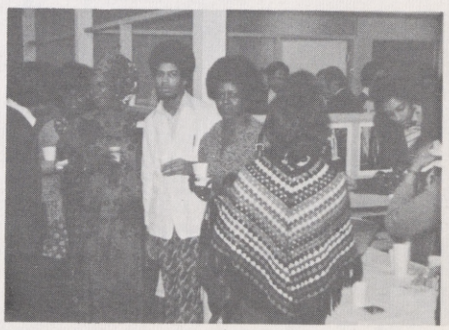
Dr. Price Cobbs (l), Jim Barrett, Thelma Williams (r). *(Photos: Jim Haugabook)*



Delmar Booker; Robert Lee, Martinez; Chuck Harlins and friend.



Barbara Wilson and Ann Boykins; Charlie Jensen (rear).



Clara Pearson, Kathi Waller, Reggie Williams, Donnia Brown.

BULLETIN BRIEFS

Sol Silverman, Jr., D.D.S., Professor and Chairman of the Division of Oral Biology, received the Golden Key Award from the Dental-Medicine Guild of California for his contributions to dentistry.

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Oscar L. Frick, M.D., Ph.D., Associate Professor of Pediatrics, has been appointed to the Executive Committee of the American Academy of Allergy. Dr. Frick is also chairman of the new Conjoint American Board of Allergy and Immunology.

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Ernest Newbrun, D.D.S., Professor of Oral Biology in Residence, has been named Chairman of the Section of Biological Sciences, Division of Oral Biology, in the School of Dentistry. Dr. Newbrun is also a lecturer in the Department of Biochemistry and Biophysics.

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Roberta F. Fenlon, M.D., Clinical Professor of Medicine, has been elected to the Board of Directors of the Pacific Telephone Company, and is the first woman to occupy a seat on that board.

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Paul W. Lofholm, Pharm.D., has been named recipient of the 1972 Daniel B. Smith Award of the APhA Academy of General Practice of Pharmacy. Dr. Lofholm received his pharmacy degree from UCSF in 1964, and is Assistant Clinical Professor of Pharmacy.

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Hibbard E. Williams, M.D., Chief of Medical Services at SFGH and Associate Professor of Medicine, gave a talk, "Is Hypoglycemia Pandemic?", at the annual scientific meeting of the American College of Physicians (Northern California-Nevada Region) in Monterey.

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Robert W. Schrier, M.D., Assistant Professor of Medicine, lectured on "Influence of the Autonomic Nervous System on the Control of Renal Water Excretion," at the University of Colorado during a week of special lectureships.

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David S. Alberts, M.D., Clinical Instructor of Medicine, CRI, was named as one of five scientists selected to receive faculty development awards in clinical pharmacology from the Pharmaceutical Manufacturers Association Foundation. Dr. Alberts' award will fund the continuation of his investigation of the correlation of drug concentration, distribution, route and method of administration of cancer chemotherapeutic agents with their effectiveness in destroying tumor cells.

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Alfred Auerback, M.D., Clinical Professor of Psychiatry, has been appointed consultant to the National Advisory Council on Alcohol Abuse and Alcoholism. He was also re-appointed as a member of the Mental Health Advisory Board, City and County of San Francisco. Dr. Auerback was the 1966 recipient of the Royer Award and holds honorary fellowships in the Australian and New Zealand College of Psychiatrists and the Royal College of Psychiatry.

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BOOK: *Human Reproduction,* Ernest W. Page, M.D., Professor of Ob-Gyn; and Claude A. and Dorothy B. Vilee (W.B. Saunders Company, Philadelphia) 1972; 458 pages.

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BOOK: *Mystification and Drug Misuse,* Henry L. Lennard, Professor of Medical Sociology, and Leon J. Epstein, Professor of Psychiatry and LPNI Associate Medical Director. (Jossey-Bass, San Francisco, and Harper & Row, N.Y., paperback) 1972; 133 pages.

HEART GROUP CITES MRS. McINTYRE



Mrs. Hattie M. McIntyre, R.N., Associate Professor of Medical-Surgical Nursing at UCSF, was honored by the American Heart Association for distinguished service in the development of the association's national programs, and received an Award of Merit last month in New York.

She was cited as the first nurse to serve on the American Heart Association's Board of Directors, the first to be represented on the Central Committee and the first chairman of the Council on Cardiovascular Nursing.

She was also the only nurse member of the Executive Committee of the Inter-Society Commission for Heart Disease Resources.

Active in the Washington, D.C., California and San Francisco heart associations, she has worked with the national organization and with Heart Association affiliates and chapters across the country, planning cardiovascular disease nursing programs.

RETIRING, 25 YEAR STAFFERS HONORED AT CEREMONY

Service awards were presented last month to 28 employees of the UCSF campus who retired at the end of 1971. Service pins were also given to 17 employees who have been with the University for 25 years.

Retiring employees include:

Amadeo Abaya, Pathology, 14 years of service; Donald Anderson, Hospital Administration, 39; Vera Aronov, Cancer Research, 13; Herman Bogin, Purchasing, 29; Margaret N. Bottaro, Hooper Foundation, 10; Cardia May Bowden, Laundry, 25; Elizabeth Cefalo, Physical Medicine, 11; Frieda L. Clifton, Medical Records, 18; Dorothy Comstock, School of Dentistry, 37; Frank D. Fabula, Nutrition and Dietetics, 16; Lucius Hammonds, Grounds and Buildings, 12; Evelyn Horowitz, Hooper Foundation, 18; Raymond Hillis, Grounds and Buildings, 21; Michael K. Hrenoff, School of Pharmacy, 29.

Also, Samuel Lucas, Housekeeping, 17; Margaret Lyngen, Telephone Exchange, 14; Sedrick Melton, Housekeeping, 20; Joe Moresco, Laundry, 17; Luise Nisbet, Dentistry, 22; Perfecto B. Notario, Hospital Pharmacy, 26; Leona T. Plumtree, Nutrition and Dietetics, 6; Hattie Robinson, Outpatient Clinics, 11; Consuelo Rodota, Office of the Treasurer, 18; Hildegard Ryan, Information Systems, 15; Rose Spinelli, Hospital Pharmacy, 21; Gladies Thomas, Central Supply, 9; Anatole Tooretsky, Grounds and Buildings, 9; and Ethel Williams, Medicine, 5.

Celebrating 25 years of continuous service with the University were:

Mary Borbeck, Radiology; James Bruce; SM/Physiology; Ora Deloise Burks, Outpatient Clinics; Therese Burkhardt, Surgery; Antonio Correa, Nutrition and Dietetics; Lina Lo Schiavo, SM/Physiology; Ruth Lotspeich, Outpatient Clinics; John McCoy, Grounds and Buildings; Harriet McGowan, Nursing Service; Annie Patillo, Anesthesia; Carl Pearson, Clinical Labs; George Simcox, Surgery; Lucille Thomas, Operating Room; Minnie Trass, Residence Halls: MU; Jesse Untalan, Surgery; Beatrice Winston, Residence Halls; MU; and Tae Yaki, Outpatient Clinics.

After the ceremonies, recipients, their families and friends attended a reception in the lounge of Millberry Union.

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PERIL ON PRESCRIPTION . . .

(Continued from page five)

were written by non-psychiatric physicians. Increasingly, drugs are administered to children to quiet them in the classroom and to old people in nursing homes—the teachers and caretakers benefitting the most from their charges' drugged state.

The authors plead for *restraint* in prescribing psychoactive drugs, not denying their usefulness in specifically indicated cases. They recommend that doctors reject the role of "universal healer" in favor of defining their areas of competence and confining their practice to that area; and referring patients needing help in problems of living to counsellors or to community agencies directly concerned with improving social systems. They point out that psychoactive drugs tend to prevent people from *feeling*, thereby hindering their ability to gain insight and to actively struggle with their problems, thus furthering the creeping depersonalization of their existence that helped make them ill in the first place. They particularly decry long-term treatment with psychoactive drugs without sufficient awareness of the serious risks involved. For example, after 15 years of intensive use of phenothiazines in mental hospitals, these agents (once hailed as the "miracle drugs" that would empty the hospitals) are most likely responsible for the development in a sizeable number of patients of serious neurologic symptoms which are often irreversible.

More long- and short-term research on the effects of all these widely used drugs is mandatory, bearing in mind the tragedy of Thalidomide, and the failure of the drug industry, the medical profession, and the public to learn from past errors.

A novel but eminently rational concept of treating drug addiction is presented; rather than concentrating on getting the addict to stop his drug usage, concentration must be on changing the whole social context in which the addict lives and on reforming our drug-oriented society and the monied interests which make drug abuse—legal and illegal—so profitable. This is a large order, but the only rational approach if this immense problem is to be conquered. Replacing Heroin addiction with another addiction —Methadone—does not solve but compounds the problem.

In nine lucidly written chapters, plus an excellent bibliography, this small book presents a sane delineation of the whole drug problem, and, in addition, offers workable solutions. As reviewer John Wykert put it, "each chapter should serve as a beachhead for Nader's Raiders, as the basis for Congressional and/or political-legal action."

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MORE BUSING?

A proposal has been made to begin a Peninsula Commuter Club bus, similar to the successful Marin Commuter Club, which has a fleet of three buses.

Two ideas are in the hopper: a bus to pick up UCSF employees from Peninsula points, and/or a shuttle bus to bring SP train commuters from the depot at Third and Townsend direct to Third and Parnassus avenues.

If you are interested in a direct bus, or a shuttle bus from the Southern Pacific, call Annette Harbour, School of Pharmacy, extension 1225, so she can add you to her list of names.

CLINICAL FACULTY TO MEET MAY 16

The Second Annual Meeting of the Association of Clinical Faculty, chaired by Ephraim P. Engleman, M.D., will be held on the evening of May 16.

The agenda and precise hour will be sent out to all clinical faculty in the very near future.

Among the subjects to be discussed will be the proposed reorganization of the outpatient clinics; the UCSF-County Medical Society health plan, and other matters vital to the clinical faculty.

Reserve the evening of May 16 on your calendars.